BLACK SLING (Recommended ~7+ Years of Training)

* Must already have a Blue Sling Certification.
* Must also be able to perform 6 tricks of your choice from the following list:

Gozo’s Quad Right Shoulder Toss

Triple Aerial Crossplane to BTB Flow Catch (or higher)

Back Spin with Three Full Rotations

Zykotic

Jeupacabra

Triple Stationary Full Ninja (Quad Rising Sun)

Quad Side Toss BTB Power Catch

Sextuple Aerial

Septuple Aerial

Quad Heaven’s Whip

Quad Hell’s Whip

720 Varial

Triple Satan’s Whip (Must conclude with 5 OTH Continuous)

Quad Back Ninja

Quad Rising Sun BTB Flow Catch

Quad OTH Aerial

Quint OTH Aerial

OTH Triple Skip Spin (three times)

Jeup Hook

TIC Varial

540 Varial of your choosing (360 spin + 180 for BTB catch) (minimum two-and-a-half rifle rotation) (flow or power catch)