GREEN SLING (Recommended ~4-5 Years of Training)

* Must already have a Red Sling Certification.
* Must be able to perform all of the following tricks:
  + Quad Aerial
  + Triple Left-Left
  + OTH Double Aerial (can look) ***or*** Palm Spin (3 Rotations)
  + Death Double (or higher)
  + Double BTB Power Catch (Side Toss or Aerial Style)
  + Stationary Full Ninja
  + Flyin’ Hawaiian or Triple Aerial Varial
* Must also be able to perform 3 tricks of your choice from the following list:
  + Double Hell’s Whip or Double Heaven’s Whip
  + Double Scorpion Toss
  + Triple Back Ninja (or higher)
  + Triple Right Shoulder Toss
  + Triple Under the Leg Catch
  + Double Tomahawk
  + The Eclipse